

TAABBEL

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R02150

Breaded »Sea flounder«

formed fish, 85 g

Ingredients:

Boneless plaice and cod (72%), breadcrumb (wheat), wheat flour, water, salt, modified starch (potato).

Consumer information:

Cod: *Gadus morhua*

Plaice: *Pleuronectes platessa*

Caught: North-East Atlantic

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Cooking instructions:

Deep frying:

180°C for 3 min.

Frying pan:

5 + 3 min.

Prepare from frozen

Nutritive values per 100 g:

kJ	506
kCal	121
Fat	0,9 g
- of wich saturates	0,2 g
Carbohydrate	14 g
- of wich sugars	0,5 g
Protein	14 g
Salt	0,8 g

Allergen information:

Included in
the product:

Gluten:	Yes
Milk protein:	No
Egg protein:	No
Soy protein:	No
Sulphite, not natural:	No
Fish:	Yes
Peanuts:	No
Crustaceans:	No
Nuts:	No
Celery:	No
Mustard:	No
Sesame seeds:	No
Sulfur dioxide:	No
Lupine:	No
Molluscs:	No

Packing:

Weight per unit: approx. 85 g

Net weight per carton: 5,000 kg (approx. 58 pcs.)

EAN: 5701470020233

Shelf life:

24 months from date of production at or below -18°C